DO NOT FORGET · THE SHORT CHECKLIST

RSI — pre-intubation checklist

Patient, equipment, drugs, team, plan — read aloud before induction

EM Orbit

Patient reference	Date	Time	Completed by

The 4 steps that must not be missed

- [ ] PATIENT
Preoxygenate 3 minutes tight-fitting mask (or 8 vital-capacity breaths); nasal cannula 15 L/min for apnoeic oxygenation
NIV or high-flow nasal oxygen if saturations will not rise.

- [ ] PATIENT
Resuscitate before intubating: SBP > 100 mmHg, fluid running, push-dose pressor drawn up
Shock index > 0.9 predicts post-intubation collapse. Reduce induction dose in shock.

- [ ] EQUIPMENT
Waveform capnography connected and reading

- [ ] TEAM AND PLAN
Plan A–D stated aloud: laryngoscopy → supraglottic airway → face-mask → front-of-neck access
Maximum 3 laryngoscopy attempts (3 + 1 with a different operator). Declare failure early.

The short list: an aid to memory, not the whole procedure. The full checklist is at the QR code. It does not replace your local protocol or your clinical judgement. Source: DAS 2015 · Resus before intubation principles.