DO NOT FORGET · THE SHORT CHECKLIST



Thomas splint application

A fixed traction splint that reduces pain, bleeding and muscle spasm in a femoral shaft fracture by applying longitudinal traction against the ischial tuberosity.

EM Orbit

Patient reference	Date	Time	Completed by

The 3 steps that must not be missed

- [ ] DURING
Do not bandage over the fibular head tightly
Pressure here can injure the common peroneal nerve.

- [ ] DURING
Do not let the ring press on the perineum, genitals or femoral vessels

- [ ] AFTER
If distal pulses are lost or reduced after applying traction, release the traction and reassess immediately; escalate to orthopaedics and vascular