DO NOT FORGET · THE SHORT CHECKLIST

Procedural sedation

Safe planning, delivery and recovery of sedation and analgesia for painful or distressing procedures in the ED.

EM Orbit

Patient reference	Date	Time	Completed by

The 6 steps that must not be missed

- [ ] BEFORE
Ensure a minimum of two clinicians: a sedationist with advanced airway skills dedicated only to sedation, and a separate operator.
A third person (nurse) monitors and records.

- [ ] BEFORE
Do not start sedation without continuous monitoring including waveform capnography, and without resuscitation equipment checked and at the bedside.

- [ ] DURING
The sedationist watches the airway, breathing and capnography continuously and does not assist with the procedure.

- [ ] DURING
If obstruction occurs, stop the procedure, perform jaw thrust and head tilt or chin lift, insert an airway adjunct and give bag-mask ventilation as needed.

- [ ] AFTER
Keep the patient monitored in the resuscitation area until they respond to voice and are back to their baseline breathing.

- [ ] AFTER
Do not leave the sedated patient unattended at any time before recovery.

The short list: an aid to memory, not the whole procedure. The full checklist is at the QR code. It does not replace your local protocol or your clinical judgement.