DO NOT FORGET · THE SHORT CHECKLIST

# Ultrasound: focused cardiac scan in shock and arrest



A limited bedside echocardiogram to answer specific questions in shock and cardiac arrest: pericardial effusion and tamponade, gross left ventricular function, right ventricular dilatation, cardiac standstill and the size of the inferior vena cava.

EM Orbit

| Patient reference | Date | Time | Completed by |
|---|---|---|---|
| | | | |

## The 3 steps that must not be missed

- [ ] DURING
**Keep the pause to 10 seconds or less: record a clip of the heart during the pause, and resume compressions immediately.**

- [ ] DURING
**Do not stop compressions or delay a shock or adrenaline to obtain or interpret an image.**

- [ ] DURING
**Do not use cardiac standstill on ultrasound as the sole reason to stop resuscitation; combine it with the clinical picture, rhythm, end-tidal carbon dioxide and the senior clinician's decision.**

The short list: an aid to memory, not the whole procedure. The full checklist is at the QR code. It does not replace your local protocol or your clinical judgement.