DO NOT FORGET · THE SHORT CHECKLIST



Ophthalmoscopy

Systematic direct fundoscopic examination of the red reflex, optic disc, retinal vessels, retina and macula.

EM Orbit

Patient reference	Date	Time	Completed by

The 3 steps that must not be missed

- [ ] BEFORE
Do not dilate the pupils if pupil reactions need to be monitored neurologically

- [ ] AFTER
Suspected papilloedema with headache needs urgent neuroimaging and senior review
EMORBIT-CP-45.

- [ ] AFTER
Sudden painless visual loss with suspected central retinal artery occlusion is a stroke equivalent: refer urgently to ophthalmology and follow the stroke pathway
EMORBIT-CP-14.



The short list: an aid to memory, not the whole procedure. The full checklist is at the QR code. It does not replace your local protocol or your clinical judgement.