DO NOT FORGET · THE SHORT CHECKLIST



Inhaler and spacer technique

Correct use and teaching of a pressurised metered-dose inhaler with a spacer, for treatment in the ED and for safe discharge.

EM Orbit

Patient reference	Date	Time	Completed by

The 3 steps that must not be missed

- [ ] BEFORE
Patients with life-threatening features need oxygen-driven nebulised treatment and senior review, not spacer teaching

- [ ] DURING
Release one puff at a time into the spacer; do not fire several puffs in at once

- [ ] DURING
If the patient is not improving or deteriorates, escalate to nebulised treatment and senior review

The short list: an aid to memory, not the whole procedure. The full checklist is at the QR code. It does not replace your local protocol or your clinical judgement.