DO NOT FORGET · THE SHORT CHECKLIST



Hand hygiene

Decontamination of the hands with alcohol-based hand rub or soap and water at the right moments of care, to prevent healthcare-associated infection and cross-transmission.

EM Orbit

Patient reference	Date	Time	Completed by

The 2 steps that must not be missed

- [ ] BEFORE

Wash with soap and water when hands are visibly dirty or soiled with body fluids, after using the toilet, and when caring for patients with suspected or confirmed diarrhoea, Clostridioides difficile or norovirus.

Alcohol does not kill spores and is less effective against some non-enveloped viruses.

- [ ] BEFORE

Gloves do not replace hand hygiene.

Perform hand hygiene before putting on and after removing gloves; change gloves and clean hands between patients and between tasks.



The short list: an aid to memory, not the whole procedure. The full checklist is at the QR code. It does not replace your local protocol or your clinical judgement.