DO NOT FORGET · THE SHORT CHECKLIST



Emergency vaginal delivery

Managing an imminent, uncomplicated cephalic vaginal birth in the emergency department, including the third stage and immediate care of mother and newborn, while obstetric and neonatal help arrive.

EM Orbit

Patient reference	Date	Time	Completed by

The 3 steps that must not be missed

- [ ] BEFORE
Do not perform a digital vaginal examination if there is antepartum bleeding until placenta praevia has been excluded

- [ ] DURING
Do not use excessive traction on the head, and do not apply fundal pressure
If the shoulders do not deliver with gentle traction, suspect shoulder dystocia: call for help, place in McRoberts position and apply suprapubic pressure.

- [ ] DURING
Do not pull on the cord without uterotonic given and a hand guarding the uterus above the pubis
Uncontrolled traction risks uterine inversion and cord avulsion.

The short list: an aid to memory, not the whole procedure. The full checklist is at the QR code. It does not replace your local protocol or your clinical judgement.
EM Orbit · Emergency medicine, in one orbit · proc-emergency-delivery-quick · the short checklist